

Artful, sculptural, and elegant. A Japanese flower arrangement technique (ikebana) to showcase the beauty of each individual stem.

QUICK GUIDE

TIME

approx. 10 minutes per vase

GROUP SIZE

1 person per vase

STEMS

5-12 per vase

INSPIRATION



MATERIALS

Shears

Dish (wide, shallow)

Flower frog pins

Double-sided glue strip

Finish Spray

Flower food

Floral wire

Moss, pebbles, or herbs

included

not included

optional

BEFORE YOU BEGIN

Flower frogs hold stems individually using metal pins. Unlike traditional arrangements, the beauty here comes from:

- Embracing negative space
- Highlighting interesting stem movement
- Letting individual stems stand out

Building a flower frog arrangement is all about balance. If the frog is lopsided, it can lose balance and tip over. To avoid this:

- Build from the central pin outwards
- Do not cut stems too tall, especially heavy blooms

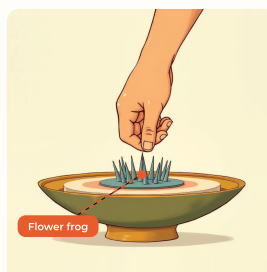
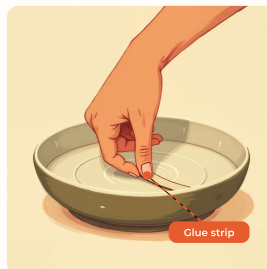
Think sculptural, not crowded.

SET UP VASE

1

Take a **double-sided glue strip**, remove one side of the film, and press it firmly in the middle of the dish.

Remove the top film of the glue strip and press the **flower frog** onto it. Use the rim of the frog to press firmly — be careful not to prick your fingers, frog pins are sharp!



2

Add room temperature water to your dish until it covers the flower frog pins.

Add half a packet of **flower food** to the water and stir until dissolved.





ARRANGE STEMS

1

Pick 2–3 **leafy stems**. Cut the stems flat at your desired height so they grip the spikes. Angle cuts work if you want stems angled in different directions. Press stems firmly onto the spikes.

TIP

For thin stems, place them against thicker stems for support.

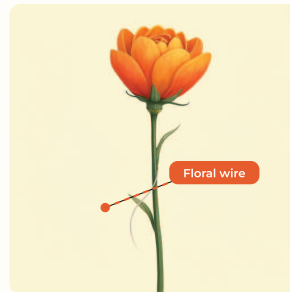


2

Add 2–4 **focal flowers**. Lean stems with large flower heads against sturdy stems for support.

OPTIONAL

For floppy stems, insert **floral wire** up through the stem for support.



3

Add 3–4 **filler flowers**. Rotate the vase as you work. Vary the direction and height of stems — some upright, some angled to the side, some short, some tall. Think asymmetrical.

OPTIONAL

If you wish to hide the frog mechanic, add moss, pebbles, or even herbs like parsley to the base.

FINAL TOUCHES

1

Lightly mist flowers with **Finish Spray** to hydrate and preserve them.



2

Check water levels daily and replenish as needed.

